



Erfurt 1 Marathon

Erfurt / 30.08.2014

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Hermann, Peter

□□: kein

□□: 75

□□: 42.20 km

Marathon Einrad

□□□□:

Männer

□□□: 5:08:29

□□: 8.17 km/h

□□□□: 7:19 min/km

□□□□□/□□□: 8 (of 14)

□□□□□/□: 5 (of 10)

□□□□□□: 3:10:46

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| VP1 - Gubener St | 5.40 | 34:56 | 6:28 | 5 | 18:42 | 5 | 18:42 | 5.40 | 34:56 | 6:28 | 4 | | 4 | |
| VP2 - Nordpark | 4.80 | 23:47 | 4:57 | 6 | 6:41 | 6 | 6:41 | 10.20 | 58:43 | 5:45 | 7 | | 7 | |
| VP3 - Pfaffenstie | 10.90 | 1:24:41 | 7:46 | 5 | 28:03 | 5 | 28:03 | 21.10 | 2:23:24 | 6:47 | 5 | 44:32 | 5 | 44:32 |
| VP4 - Walterslebi | 4.90 | 55:08 | 11:15 | 7 | 22:36 | 7 | 22:36 | 26.00 | 3:18:32 | 7:38 | 5 | 1:07:08 | 5 | 1:07:08 |
| VP5 - Waldhaus | 4.00 | 28:52 | 7:13 | 1 | - | 1 | - | 30.00 | 3:47:24 | 7:34 | 1 | - | 1 | - |
| Nordpark Erfurt | 12.20 | 1:21:05 | 6:38 | 5 | 21:43 | 5 | 21:43 | 42.20 | 5:08:29 | 7:18 | 6 | 1:57:43 | 6 | 1:57:43 |