



Keddy, Aaron

□□: Team Erdinger Alkoholfrei

□□: 533

□□: 9.60 km 9,6 km - Lauf

Männer (20-29 Jahre)

□□□: 57:57

□□: 9.32 km/h

□□□□: 6:02 min/km

______: 114 (of 175)

______: 89 (of 119)

[][][]: 33:35

□□□□: 20(of 20)

_____: 33:35

| | km | | min/km | - | - | | | km | | min/km | - | - | | |
|-----------------|------|-------|--------|----|-------|-----|-------|------|-------|--------|----|-------|----|-------|
| Ilsestein | 4.10 | 27:51 | 6:47 | 18 | 11:13 | 79 | 11:13 | 4.10 | 27:51 | 6:47 | 2 | 2:58 | 90 | |
| Loddenke | 2.20 | 12:57 | 5:53 | 19 | 6:14 | 107 | 6:14 | 6.30 | 40:48 | 6:28 | 2 | 6:21 | 90 | 1:12 |
| llsenburg/Markt | 3.30 | 17:09 | 5:11 | 17 | 6:57 | 85 | 6:57 | 9.60 | 57:57 | 6:02 | 20 | 24:22 | 93 | 24:22 |