



44. Brockenlauf

Ilseburg / 06.09.2014

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Lindeboom, Yannick

□□: HASSELT
 □□: 975

□□: 26.20 km
 26,2 km - Wanderung

□□□□:
 Männer

□□□: 3:56:16

□□: 6.65 km/h
 □□□□: 9:01 min/km

□□□□□/□□□: 3 (of 20)
 □□□□□/□: 3 (of 10)
 □□□□□□: 3:45:14
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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	31:07	9:25	5	2:19	5	2:19	3.30	31:07	9:25	3		3	
Schlüsie	3.10	29:49	9:37	4	2:13	4	2:13	6.40	1:00:56	9:31	3	1:12	3	1:12
Hermannsklippe	2.60	25:06	9:39	3	1:25	3	1:25	9.00	1:26:02	9:33	3	2:37	3	2:37
Brocken	3.10	33:35	10:50	1	-	1	-	12.10	1:59:37	9:53	3	2:26	3	2:26
Eiserner Handwe	3.60	33:38	9:20	2	0:01	2	0:01	15.70	2:33:15	9:45	3	0:44	3	0:44
Schlüsie	4.10	31:37	7:42	4	6:04	4	6:04	19.80	3:04:52	9:20	3	2:33	3	2:33
Loddenke	3.10	25:29	8:13	3	6:07	3	6:07	22.90	3:30:21	9:11	3	8:40	3	8:40
Ilseburg/Markt	3.30	25:55	7:51	3	4:13	3	4:13	26.20	3:56:16	9:01	3	11:02	3	11:02