



44. Brockenlauf

Ilseburg / 06.09.2014

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Oevering, Willem

□□: Emmeoord
 □□: 976

□□: 26.20 km
 26,2 km - Wanderung

□□□□:
 Männer

□□□: 3:58:31

□□: 6.54 km/h
 □□□□: 9:06 min/km

□□□□□/□□□: 5 (of 20)

□□□□□/□: 4 (of 10)

□□□□□□: 3:45:14

□□□□□: 4(of 10)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	31:07	9:25	5	2:19	5	2:19	3.30	31:07	9:25	3		3	
Schlüsie	3.10	29:49	9:37	4	2:13	4	2:13	6.40	1:00:56	9:31	3	1:12	3	1:12
Hermannsklippe	2.60	25:06	9:39	3	1:25	3	1:25	9.00	1:26:02	9:33	3	2:37	3	2:37
Brocken	3.10	33:36	10:50	2	0:01	2	0:01	12.10	1:59:38	9:53	4	2:27	4	2:27
Eiserner Handwe	3.60	33:37	9:20	1	-	1	-	15.70	2:33:15	9:45	3	0:44	3	0:44
Schlüsie	4.10	31:35	7:42	3	6:02	3	6:02	19.80	3:04:50	9:20	4	2:31	4	2:31
Loddenke	3.10	25:33	8:14	4	6:11	4	6:11	22.90	3:30:23	9:11	4	8:42	4	8:42
Ilseburg/Markt	3.30	28:08	8:31	4	6:26	4	6:26	26.20	3:58:31	9:06	4	13:17	4	13:17