



44. Brockenlauf

Ilseburg / 06.09.2014

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Mähner, Klaus

□□: SG Holzheim
 □□: 264

Enduro Long Men

□□□□:
 Senioren M45 (45-49 Jahre)

□□□: 2:20:54

□□: - km/h
 □□□□: 5:23 min/km

□□□□□/□□□: 79 (of 492)

□□□□□/□: 76 (of 415)

□□□□□□: 1:38:33

□□□□□: 21(of 98)

□□□□□□□: 1:58:21

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	18:14	5:31	35	4:00	148	6:22	3.30	18:14	5:31	54	-	-	77	-
Schlüsie	3.10	18:52	6:05	25	3:13	102	5:54	6.40	37:06	5:47	54	-	-	76	12:16
Hermannsklippe	2.60	16:40	6:24	23	2:49	85	5:09	9.00	53:46	5:58	54	-	-	76	17:25
Brocken	3.10	24:03	7:45	5	2:43	30	6:13	12.10	1:17:49	6:25	54	-	-	76	23:38
Eiserner Handwe	3.60	18:11	5:03	39	4:11	165	6:09	15.70	1:36:00	6:06	54	-	-	76	29:47
Schlüsie	4.10	17:10	4:11	32	3:48	132	5:40	19.80	1:53:10	5:42	54	-	-	76	35:27
Loddenke	3.10	13:24	4:19	20	2:09	83	3:34	22.90	2:06:34	5:31	54	-	-	76	39:01
Ilseburg/Markt	3.30	14:20	4:20	12	2:08	54	5:48	-	2:20:54	-	21	22:33	-	76	42:21