



44. Brockenlauf

Ilseburg / 06.09.2014

□□□□

Wagner, Rene

□□: Halberstadt
 □□: 247

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M40 (40-44 Jahre)

□□□: 2:21:06

□□: 11.06 km/h
 □□□□: 5:23 min/km

□□□□□/□□□: 82 (of 492)

□□□□□/□: 79 (of 415)

□□□□□□: 1:38:33

□□□□□: 11(of 67)

□□□□□□□: 1:51:23

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 18:09 | 5:30 | 28 | 4:26 | 141 | 6:17 | 3.30 | 18:09 | 5:30 | 42 | - | 80 | - |
| Schlüsie | 3.10 | 18:50 | 6:04 | 16 | 4:08 | 98 | 5:52 | 6.40 | 36:59 | 5:46 | 42 | - | 79 | 12:09 |
| Hermannsklippe | 2.60 | 16:30 | 6:20 | 11 | 3:45 | 73 | 4:59 | 9.00 | 53:29 | 5:56 | 42 | - | 79 | 17:08 |
| Brocken | 3.10 | 26:16 | 8:28 | 11 | 6:12 | 65 | 8:26 | 12.10 | 1:19:45 | 6:35 | 42 | - | 79 | 25:34 |
| Eiserner Handwe | 3.60 | 17:10 | 4:46 | 17 | 3:47 | 101 | 5:08 | 15.70 | 1:36:55 | 6:10 | 42 | - | 79 | 30:42 |
| Schlüsie | 4.10 | 16:23 | 3:59 | 14 | 3:25 | 93 | 4:53 | 19.80 | 1:53:18 | 5:43 | 42 | - | 79 | 35:35 |
| Loddenke | 3.10 | 13:00 | 4:11 | 11 | 2:14 | 60 | 3:10 | 22.90 | 2:06:18 | 5:30 | 42 | - | 79 | 38:45 |
| Ilseburg/Markt | 3.30 | 14:48 | 4:29 | 15 | 2:51 | 78 | 6:16 | 26.20 | 2:21:06 | 5:23 | 11 | 29:43 | 79 | 42:33 |