



44. Brockenlauf

Ilseburg / 06.09.2014

□□□□

Hoppmann, Stefan

□□: WSV Clausthal-Zellerfeld
 □□: 455

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Männer (20-29 Jahre)

□□□: 2:22:02

□□: 10.98 km/h
 □□□□: 5:25 min/km

□□□□□/□□□: 86 (of 492)

□□□□□/□: 83 (of 415)

□□□□□□: 1:38:33

□□□□□: 15(of 33)

□□□□□□□: 1:38:33

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 15:52 | 4:48 | 12 | 4:00 | 40 | 4:00 | 3.30 | 15:52 | 4:48 | 10 | - | - | 84 | |
| Schlüsie | 3.10 | 19:05 | 6:09 | 19 | 6:07 | 115 | 6:07 | 6.40 | 34:57 | 5:27 | 20 | - | - | 51 | 10:07 |
| Hermannsklippe | 2.60 | 17:47 | 6:50 | 22 | 6:16 | 142 | 6:16 | 9.00 | 52:44 | 5:51 | 20 | - | - | 63 | 16:23 |
| Brocken | 3.10 | 27:41 | 8:55 | 20 | 9:51 | 108 | 9:51 | 12.10 | 1:20:25 | 6:38 | 20 | - | - | 83 | 26:14 |
| Eiserner Handwe | 3.60 | 17:10 | 4:46 | 16 | 5:08 | 101 | 5:08 | 15.70 | 1:37:35 | 6:12 | 20 | - | - | 83 | 31:22 |
| Schlüsie | 4.10 | 15:41 | 3:49 | 11 | 4:11 | 55 | 4:11 | 19.80 | 1:53:16 | 5:43 | 20 | - | - | 78 | 35:33 |
| Loddenke | 3.10 | 12:45 | 4:06 | 11 | 2:55 | 48 | 2:55 | 22.90 | 2:06:01 | 5:30 | 20 | - | - | 83 | 38:28 |
| Ilseburg/Markt | 3.30 | 16:01 | 4:51 | 20 | 5:01 | 167 | 7:29 | 26.20 | 2:22:02 | 5:25 | 15 | 43:29 | - | 83 | 43:29 |