



44. Brockenlauf

Ilseburg / 06.09.2014

□□□□

Losse, Hendrik

□□: Stiege

□□: 329

Enduro Long Men

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 2:34:14

□□: - km/h

□□□□: 5:53 min/km

□□□□□/□□□: 181 (of 492)

□□□□□/□: 165 (of 415)

□□□□□□: 1:38:33

□□□□□: 38(of 98)

□□□□□□□: 1:58:21

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 19:14 | 5:49 | 53 | 5:00 | 216 | 7:22 | 3.30 | 19:14 | 5:49 | 22 | - | - | 168 | |
| Schlüsie | 3.10 | 19:21 | 6:14 | 32 | 3:42 | 126 | 6:23 | 6.40 | 38:35 | 6:01 | 84 | - | - | 167 | 13:45 |
| Hermannsklippe | 2.60 | 17:04 | 6:33 | 27 | 3:13 | 102 | 5:33 | 9.00 | 55:39 | 6:11 | 84 | - | - | 167 | 19:18 |
| Brocken | 3.10 | 30:09 | 9:43 | 47 | 8:49 | 196 | 12:19 | 12.10 | 1:25:48 | 7:05 | 84 | - | - | 167 | 31:37 |
| Eiserner Handwe | 3.60 | 18:44 | 5:12 | 48 | 4:44 | 191 | 6:42 | 15.70 | 1:44:32 | 6:39 | 84 | - | - | 167 | 38:19 |
| Schlüsie | 4.10 | 18:14 | 4:26 | 51 | 4:52 | 204 | 6:44 | 19.80 | 2:02:46 | 6:12 | 84 | - | - | 167 | 45:03 |
| Loddenke | 3.10 | 14:40 | 4:43 | 42 | 3:25 | 173 | 4:50 | 22.90 | 2:17:26 | 6:00 | 84 | - | - | 167 | 49:53 |
| Ilseburg/Markt | 3.30 | 16:48 | 5:05 | 56 | 4:36 | 222 | 8:16 | - | 2:34:14 | - | 40 | 35:53 | - | 171 | 55:41 |