



44. Brockenlauf

Ilseburg / 06.09.2014

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Genrich, Dr. Florian

□□: Post SV Holzminden

□□: 44

Enduro Long Men

□□□□:

Senioren M30 (30-34 Jahre)

□□□: 2:35:14

□□: - km/h

□□□□: 5:55 min/km

□□□□□/□□□: 191 (of 492)

□□□□□/□: 173 (of 415)

□□□□□□: 1:38:33

□□□□□: 19(of 36)

□□□□□□□: 1:53:17

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:55	6:02	26	5:35	263	8:03	3.30	19:55	6:02	10	-	178	0:19
Schlüsie	3.10	21:06	6:48	26	5:10	245	8:08	6.40	41:01	6:24	10	-	177	16:11
Hermannsklippe	2.60	18:16	7:01	19	4:47	176	6:45	9.00	59:17	6:35	10	-	177	22:56
Brocken	3.10	30:04	9:41	25	8:49	192	12:14	12.10	1:29:21	7:23	10	-	177	35:10
Eiserner Handwe	3.60	17:37	4:53	15	4:25	130	5:35	15.70	1:46:58	6:48	10	-	177	40:45
Schlüsie	4.10	17:18	4:13	16	4:36	143	5:48	19.80	2:04:16	6:16	10	-	177	46:33
Loddenke	3.10	14:29	4:40	14	4:05	158	4:39	22.90	2:18:45	6:03	10	-	177	51:12
Ilseburg/Markt	3.30	16:29	4:59	18	5:04	196	7:57	-	2:35:14	-	20	41:57	180	56:41