



44. Brockenlauf

Ilseburg / 06.09.2014

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Melzer, Rolf

□□: TSV Niederndodeleben
 □□: 971

□□: 26.20 km
 26,2 km - Wanderung

□□□□:
 Männer

□□□: 4:20:51

□□: 5.98 km/h
 □□□□: 9:58 min/km

□□□□□/□□□: 8 (of 20)

□□□□□/□: 6 (of 10)

□□□□□□: 3:45:14

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	30:55	9:22	4	2:07	4	2:07	3.30	30:55	9:22	6		6	
Schlüsie	3.10	32:43	10:33	7	5:07	7	5:07	6.40	1:03:38	9:56	6	3:54	6	3:54
Hermannsklippe	2.60	29:01	11:09	6	5:20	6	5:20	9.00	1:32:39	10:17	6	9:14	6	9:14
Brocken	3.10	45:34	14:41	6	11:59	6	11:59	12.10	2:18:13	11:25	6	21:02	6	21:02
Eiserner Handwe	3.60	34:19	9:31	4	0:42	4	0:42	15.70	2:52:32	10:59	6	20:01	6	20:01
Schlüsie	4.10	33:05	8:04	6	7:32	6	7:32	19.80	3:25:37	10:23	6	23:18	6	23:18
Loddenke	3.10	26:54	8:40	6	7:32	6	7:32	22.90	3:52:31	10:09	6	30:50	6	30:50
Ilseburg/Markt	3.30	28:20	8:35	5	6:38	5	6:38	26.20	4:20:51	9:57	6	35:37	6	35:37