



44. Brockenlauf

Ilseburg / 06.09.2014

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Leonhardt, Nicole

□□: SV Kirchboitzen
 □□: 467

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W45 (45-49 Jahre)

□□□: 2:41:48

□□: 9.64 km/h
 □□□□: 6:11 min/km

□□□□□/□□□: 252 (of 492)

□□□□□/□: 15 (of 77)

□□□□□□: 2:05:45

□□□□□: 3(of 26)

□□□□□□□: 2:31:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:21	5:51	2	1:01	16	4:28	3.30	19:21	5:51	24	-	43	
Schlüsie	3.10	21:45	7:00	7	2:06	25	4:48	6.40	41:06	6:25	24	-	43	
Hermannsklippe	2.60	19:48	7:36	5	2:05	19	4:39	9.00	1:00:54	6:46	24	-	43	
Brocken	3.10	33:33	10:49	8	4:29	29	9:19	12.10	1:34:27	7:48	24	-	43	
Eiserner Handwe	3.60	19:49	5:30	7	2:24	26	5:04	15.70	1:54:16	7:16	24	-	43	
Schlüsie	4.10	17:19	4:13	2	0:35	7	3:00	19.80	2:11:35	6:38	24	-	43	
Loddenke	3.10	13:48	4:27	1	-	4	1:35	22.90	2:25:23	6:20	24	-	43	
Ilseburg/Markt	3.30	16:25	4:58	5	1:32	18	3:10	26.20	2:41:48	6:10	4	10:02	17	36:03