



44. Brockenlauf  
Ilseburg / 06.09.2014

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**Biermann, Simone**

□□: Wiehen-Wölfe  
□□: 62

Enduro Long Men

□□□□:  
Seniorinnen W45 (45-49 Jahre)

□□□: 2:44:15

□□: - km/h  
□□□□: 6:16 min/km

□□□□□/□□□□: 270 (of 492)

□□□□□/□: 18 (of 77)

□□□□□□: 2:05:45

□□□□□: 5(of 26)

□□□□□□□: 2:31:46

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□□□□

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| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 20:14    | 6:07         | 8       | 1:54    | 30      | 5:21    | 3.30  | 20:14     | 6:07      | 22            |         |         | 50      |         |
| Schlüsie        | 3.10     | 21:41    | 6:59         | 6       | 2:02    | 22      | 4:44    | 6.40  | 41:55     | 6:32      | 22            |         |         | 50      |         |
| Hermannsklippe  | 2.60     | 19:52    | 7:38         | 6       | 2:09    | 20      | 4:43    | 9.00  | 1:01:47   | 6:51      | 22            |         |         | 50      |         |
| Brocken         | 3.10     | 32:43    | 10:33        | 5       | 3:39    | 23      | 8:29    | 12.10 | 1:34:30   | 7:48      | 22            |         |         | 50      |         |
| Eiserner Handwe | 3.60     | 19:09    | 5:19         | 4       | 1:44    | 15      | 4:24    | 15.70 | 1:53:39   | 7:14      | 22            |         |         | 50      |         |
| Schlüsie        | 4.10     | 19:16    | 4:41         | 8       | 2:32    | 28      | 4:57    | 19.80 | 2:12:55   | 6:42      | 22            |         |         | 50      |         |
| Loddenke        | 3.10     | 15:04    | 4:51         | 6       | 1:16    | 21      | 2:51    | 22.90 | 2:27:59   | 6:27      | 22            |         |         | 50      |         |
| Ilseburg/Markt  | 3.30     | 16:16    | 4:55         | 4       | 1:23    | 15      | 3:01    | -     | 2:44:15   | -         | 6             | 12:29   | 20      | 38:30   |         |