



44. Brockenlauf

Ilseburg / 06.09.2014

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Münzberg, Stephan

□□: Familie Schierker-Feuerstein
 □□: 978

□□: 26.20 km
 26,2 km - Wanderung

□□□□:
 Männer

□□□: 4:30:03

□□: 5.78 km/h
 □□□□: 10:19 min/km

□□□□□/□□□: 10 (of 20)

□□□□□/□: 7 (of 10)

□□□□□□: 3:45:14

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	33:35	10:10	8	4:47	8	4:47	3.30	33:35	10:10	7	1:42	7	1:42
Schlüsie	3.10	33:42	10:52	8	6:06	8	6:06	6.40	1:07:17	10:30	7	7:33	7	7:33
Hermannsklippe	2.60	31:16	12:01	7	7:35	7	7:35	9.00	1:38:33	10:56	7	15:08	7	15:08
Brocken	3.10	39:38	12:47	4	6:03	4	6:03	12.10	2:18:11	11:25	7	21:00	7	21:00
Eiserner Handwe	3.60	36:58	10:16	8	3:21	8	3:21	15.70	2:55:09	11:09	7	22:38	7	22:38
Schlüsie	4.10	36:16	8:50	8	10:43	8	10:43	19.80	3:31:25	10:40	7	29:06	7	29:06
Loddenke	3.10	28:41	9:15	8	9:19	8	9:19	22.90	4:00:06	10:29	7	38:25	7	38:25
Ilseburg/Markt	3.30	29:57	9:04	6	8:15	6	8:15	26.20	4:30:03	10:18	7	44:49	7	44:49