



44. Brockenlauf

Ilseburg / 06.09.2014

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Hansen, Susanne Erika

□□: Eschborn
 □□: 973

□□: 26.20 km
 26,2 km - Wanderung

□□□□:
 Frauen

□□□: 4:31:07

□□: 5.75 km/h
 □□□□: 10:21 min/km

□□□□□/□□□: 11 (of 20)

□□□□□/□: 4 (of 10)

□□□□□□: 3:56:45

□□□□□: 4(of 10)

□□□□□□□: 3:56:45

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	33:04	10:01	3	2:37	3	2:37	3.30	33:04	10:01	4	2:37	4	2:37
Schlüsie	3.10	33:01	10:39	4	4:42	4	4:42	6.40	1:06:05	10:19	4	5:42	4	5:42
Hermannsklippe	2.60	29:05	11:11	5	4:07	5	4:07	9.00	1:35:10	10:34	4	9:49	4	9:49
Brocken	3.10	42:27	13:41	5	1:26	5	1:26	12.10	2:17:37	11:22	4	11:09	4	11:09
Eiserner Handwe	3.60	38:40	10:44	7	8:49	7	8:49	15.70	2:56:17	11:13	4	19:58	4	19:58
Schlüsie	4.10	36:31	8:54	5	7:05	5	7:05	19.80	3:32:48	10:44	4	26:59	4	26:59
Loddenke	3.10	28:28	9:10	4	4:19	4	4:19	22.90	4:01:16	10:32	4	30:53	4	30:53
Ilseburg/Markt	3.30	29:51	9:02	4	5:08	4	5:08	26.20	4:31:07	10:20	4	34:22	4	34:22