



# 44. Brockenlauf

Ilseburg / 06.09.2014

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**Kreibohm, Sabrina**

□□: MTV Goslar  
 □□: 414

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W35 (35-39 Jahre)

□□□: 2:47:00

□□: 9.34 km/h  
 □□□□: 6:22 min/km

□□□□□/□□□: 294 (of 492)

□□□□□/□: 23 (of 77)

□□□□□□: 2:05:45

□□□□□: 3(of 7)

□□□□□□□: 2:18:09

□□□□

□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 20:10    | 6:06         | 4       | 3:46    | 26      | 5:17    | 3.30  | 20:10     | 6:06          | 3       | 3:46    | 46      |         |
| Schlüsie        | 3.10     | 22:01    | 7:06         | 5       | 3:43    | 28      | 5:04    | 6.40  | 42:11     | 6:35          | 3       | 7:29    | 73      |         |
| Hermannsklippe  | 2.60     | 20:01    | 7:41         | 2       | 3:31    | 23      | 4:52    | 9.00  | 1:02:12   | 6:54          | 3       | 11:00   | 73      |         |
| Brocken         | 3.10     | 33:53    | 10:55        | 5       | 7:25    | 33      | 9:39    | 12.10 | 1:36:05   | 7:56          | 3       | 18:25   | 73      |         |
| Eiserner Handwe | 3.60     | 19:32    | 5:25         | 2       | 3:17    | 18      | 4:47    | 15.70 | 1:55:37   | 7:21          | 3       | 21:42   | 73      |         |
| Schlüsie        | 4.10     | 19:20    | 4:42         | 4       | 4:56    | 32      | 5:01    | 19.80 | 2:14:57   | 6:48          | 3       | 24:53   | 73      |         |
| Loddenke        | 3.10     | 15:10    | 4:53         | 3       | 2:11    | 22      | 2:57    | 22.90 | 2:30:07   | 6:33          | 3       | 27:04   | 73      |         |
| Ilseburg/Markt  | 3.30     | 16:53    | 5:06         | 4       | 1:47    | 23      | 3:38    | 26.20 | 2:47:00   | 6:22          | 3       | 28:51   | 25      | 41:15   |