



Korzinski, David

□□: 703

□□: 9.60 km
9,6 km - Lauf

Männer (20-29 Jahre)

□□□: 44:58

□□: 12.01 km/h

□□□□: 4:41 min/km

_____: 20 (of 175)

____/_: 18 (of 119)

[][][]: 33:35

□□□□: 7(of 20)

_____: 33:35

	km		min/km	-	-			km		min/km	-	-		
Ilsestein	4.10	22:48	5:33	8	6:10	22	6:10	4.10	22:48	5:33	15		19	
Loddenke	2.20	9:05	4:07	6	2:22	20	2:22	6.30	31:53	5:03	15		19	
llsenburg/Markt	3.30	13:05	3:57	6	2:53	16	2:53	9.60	44:58	4:41	7	11:23	18	11:23