



44. Brockenlauf

Ilseburg / 06.09.2014

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Freninez, Antje

□□: Team Schnauzer Brandenburg
 □□: 19

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W35 (35-39 Jahre)

□□□: 2:52:15

□□: 9.06 km/h
 □□□□: 6:34 min/km

□□□□□/□□□: 344 (of 492)

□□□□□/□: 33 (of 77)

□□□□□□: 2:05:45

□□□□□: 6(of 7)

□□□□□□□: 2:18:09

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:54	6:38	6	5:30	43	7:01	3.30	21:54	6:38	6	5:30	64	0:53
Schlüsie	3.10	21:44	7:00	4	3:26	24	4:47	6.40	43:38	6:49	6	8:56	64	
Hermannsklippe	2.60	20:57	8:03	4	4:27	36	5:48	9.00	1:04:35	7:10	6	13:23	64	
Brocken	3.10	33:48	10:54	4	7:20	31	9:34	12.10	1:38:23	8:07	6	20:43	64	
Eiserner Handwe	3.60	22:53	6:21	6	6:38	62	8:08	15.70	2:01:16	7:43	6	27:21	64	
Schlüsie	4.10	14:24	3:30	1	-	2	0:05	19.80	2:15:40	6:51	6	25:36	64	
Loddenke	3.10	20:54	6:44	7	7:55	73	8:41	22.90	2:36:34	6:50	6	33:31	64	
Ilseburg/Markt	3.30	15:41	4:45	2	0:35	10	2:26	26.20	2:52:15	6:34	6	34:06	35	46:30