



44. Brockenlauf

Ilsenburg / 06.09.2014

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Pötsch, Silvia

□□: Familie Schierker-Feuerstein
 □□: 980

□□: 26.20 km
 26,2 km - Wanderung

□□□□:
 Frauen

□□□: 4:49:54

□□: 5.42 km/h
 □□□□: 11:04 min/km

□□□□□/□□□: 16 (of 20)

□□□□□/□: 8 (of 10)

□□□□□□: 3:56:45

□□□□□: 8(of 10)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	33:36	10:10	6	3:09	6	3:09	3.30	33:36	10:10	7	3:09	7	3:09
Schlüsie	3.10	33:42	10:52	8	5:23	8	5:23	6.40	1:07:18	10:30	8	6:55	8	6:55
Hermannsklippe	2.60	31:14	12:00	8	6:16	8	6:16	9.00	1:38:32	10:56	8	13:11	8	13:11
Brocken	3.10	51:35	16:38	8	10:34	8	10:34	12.10	2:30:07	12:24	8	23:39	8	23:39
Eiserner Handwe	3.60	39:49	11:03	8	9:58	8	9:58	15.70	3:09:56	12:05	8	33:37	8	33:37
Schlüsie	4.10	34:26	8:23	4	5:00	4	5:00	19.80	3:44:22	11:19	8	38:33	8	38:33
Loddenke	3.10	30:34	9:51	7	6:25	7	6:25	22.90	4:14:56	11:07	8	44:33	8	44:33
Ilsenburg/Markt	3.30	34:58	10:35	8	10:15	8	10:15	26.20	4:49:54	11:03	8	53:09	8	53:09