



44. Brockenlauf

Ilseburg / 06.09.2014

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Becker, Petra

□□: Gaensefurther Sportbewegung
 □□: 285

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W45 (45-49 Jahre)

□□□: 3:08:39

□□: 8.27 km/h
 □□□□: 7:12 min/km

□□□□□/□□□: 432 (of 492)

□□□□□/□: 56 (of 77)

□□□□□□: 2:05:45

□□□□□: 19(of 26)

□□□□□□□: 2:31:46

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:29	6:48	17	4:09	52	7:36	3.30	22:29	6:48	8	0:53	2	1:28
Schlüsie	3.10	26:18	8:29	23	6:39	64	9:21	6.40	48:47	7:37	8	2:36	2	2:10
Hermannsklippe	2.60	24:20	9:21	22	6:37	64	9:11	9.00	1:13:07	8:07	8	4:32	2	2:57
Brocken	3.10	40:20	13:00	24	11:16	71	16:06	12.10	1:53:27	9:22	8	7:34	2	6:08
Eiserner Handwe	3.60	20:06	5:35	8	2:41	27	5:21	15.70	2:13:33	8:30	8	6:42	2	5:45
Schlüsie	4.10	20:10	4:55	14	3:26	42	5:51	19.80	2:33:43	7:45	8	6:01	2	6:36
Loddenke	3.10	16:46	5:24	15	2:58	47	4:33	22.90	2:50:29	7:26	8	6:47	2	6:27
Ilseburg/Markt	3.30	18:10	5:30	13	3:17	43	4:55	26.20	3:08:39	7:12	20	36:53	58	1:02:54