



44. Brockenlauf

Ilseburg / 06.09.2014

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Jüttner, Gerhild

□□: Quedlinburg

□□: 465

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W70 (70-74 Jahre)

□□□: 3:12:35

□□: 8.10 km/h

□□□□: 7:21 min/km

□□□□□/□□□: 440 (of 492)

□□□□□/□: 58 (of 77)

□□□□□□: 2:05:45

□□□□□: 1(of 1)

□□□□□□□: 3:12:35

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	24:12	7:20	1	-	68	9:19	3.30	24:12	7:20	1	-	39	3:11	
Schlüsie	3.10	25:18	8:09	1	-	58	8:21	6.40	49:30	7:44	1	-	39	2:53	
Hermannsklippe	2.60	22:44	8:44	1	-	49	7:35	9.00	1:12:14	8:01	1	-	39	2:04	
Brocken	3.10	35:26	11:25	1	-	47	11:12	12.10	1:47:40	8:53	1	-	39	0:21	
Eiserner Handwe	3.60	22:58	6:22	1	-	63	8:13	15.70	2:10:38	8:19	1	-	39	2:50	
Schlüsie	4.10	22:40	5:31	1	-	63	8:21	19.80	2:33:18	7:44	1	-	39	6:11	
Loddenke	3.10	18:41	6:01	1	-	61	6:28	22.90	2:51:59	7:30	1	-	39	7:57	
Ilseburg/Markt	3.30	20:36	6:14	1	-	62	7:21	26.20	3:12:35	7:21	1	-	60	1:06:50	