



44. Brockenlauf

Ilseburg / 06.09.2014

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Ritter, Elisa

□□: Halle

□□: 397

□□: 26.20 km

26,2 km - Lauf

□□□□:

Frauen (20-29 Jahre)

□□□: 3:17:26

□□: 7.90 km/h

□□□□: 7:32 min/km

□□□□□/□□□: 449 (of 492)

□□□□□/□: 62 (of 77)

□□□□□□: 2:05:45

□□□□□: 5(of 6)

□□□□□□□: 2:05:45

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 24:39 | 7:28 | 6 | 9:46 | 70 | 9:46 | 3.30 | 24:39 | 7:28 | 5 | 9:46 | 21 | 3:38 | |
| Schlüsie | 3.10 | 28:06 | 9:03 | 6 | 11:09 | 73 | 11:09 | 6.40 | 52:45 | 8:14 | 5 | 20:55 | 35 | 6:08 | |
| Hermannsklippe | 2.60 | 24:42 | 9:30 | 5 | 9:33 | 66 | 9:33 | 9.00 | 1:17:27 | 8:36 | 5 | 30:28 | 35 | 7:17 | |
| Brocken | 3.10 | 37:40 | 12:09 | 5 | 13:26 | 57 | 13:26 | 12.10 | 1:55:07 | 9:30 | 5 | 43:54 | 35 | 7:48 | |
| Eiserner Handwe | 3.60 | 23:00 | 6:23 | 5 | 8:15 | 65 | 8:15 | 15.70 | 2:18:07 | 8:47 | 5 | 52:09 | 35 | 10:19 | |
| Schlüsie | 4.10 | 21:58 | 5:21 | 5 | 7:39 | 60 | 7:39 | 19.80 | 2:40:05 | 8:05 | 5 | 59:48 | 35 | 12:58 | |
| Loddenke | 3.10 | 17:28 | 5:38 | 5 | 5:15 | 55 | 5:15 | 22.90 | 2:57:33 | 7:45 | 5 | 1:05:03 | 35 | 13:31 | |
| Ilseburg/Markt | 3.30 | 19:53 | 6:01 | 5 | 6:38 | 57 | 6:38 | 26.20 | 3:17:26 | 7:32 | 5 | 1:11:41 | 64 | 1:11:41 | |