



44. Brockenlauf

Ilseburg / 06.09.2014

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Witt, Liane

□□: Skater Schule Schwerin
 □□: 470

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W60 (60-64 Jahre)

□□□: 3:28:23

□□: 7.49 km/h
 □□□□: 7:57 min/km

□□□□□/□□□: 469 (of 492)

□□□□□/□: 67 (of 77)

□□□□□□: 2:05:45

□□□□□: 3(of 4)

□□□□□□□: 3:03:20

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:23	6:46	2	1:22	51	7:30	3.30	22:23	6:46	3	1:22	30	1:22	
Schlüsie	3.10	26:27	8:31	2	0:51	65	9:30	6.40	48:50	7:37	3	2:13	30	2:13	
Hermannsklippe	2.60	24:09	9:17	2	0:36	63	9:00	9.00	1:12:59	8:06	3	2:49	30	2:49	
Brocken	3.10	39:35	12:46	2	2:26	66	15:21	12.10	1:52:34	9:18	3	5:15	30	5:15	
Eiserner Handwe	3.60	25:51	7:10	3	5:22	71	11:06	15.70	2:18:25	8:48	3	10:37	30	10:37	
Schlüsie	4.10	25:25	6:11	3	6:06	70	11:06	19.80	2:43:50	8:16	3	16:43	30	16:43	
Loddenke	3.10	20:30	6:36	3	3:35	70	8:17	22.90	3:04:20	8:02	3	20:18	30	20:18	
Ilseburg/Markt	3.30	24:03	7:17	4	4:45	73	10:48	26.20	3:28:23	7:57	3	25:03	69	1:22:38	