



44. Brockenlauf

Ilseburg / 06.09.2014

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Walter, Antje

□□: Lauschule Wohllebe
 □□: 47

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W50 (50-54 Jahre)

□□□: 3:35:28

□□: 7.24 km/h
 □□□□: 8:13 min/km

□□□□□/□□□: 475 (of 492)

□□□□□/□: 71 (of 77)

□□□□□□: 2:05:45

□□□□□: 10(of 10)

□□□□□□□: 2:24:48

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	24:00	7:16	8	7:32	66	9:07	3.30	24:00	7:16	10	7:32	26	2:59	
Schlüsie	3.10	26:48	8:38	9	7:45	67	9:51	6.40	50:48	7:56	10	15:17	26	4:11	
Hermannsklippe	2.60	26:27	10:10	10	9:26	75	11:18	9.00	1:17:15	8:35	10	24:43	26	7:05	
Brocken	3.10	42:38	13:45	10	14:44	74	18:24	12.10	1:59:53	9:54	10	39:27	26	12:34	
Eiserner Handwe	3.60	23:45	6:35	9	8:07	67	9:00	15.70	2:23:38	9:08	10	45:18	26	15:50	
Schlüsie	4.10	24:07	5:52	10	8:34	68	9:48	19.80	2:47:45	8:28	10	51:48	26	20:38	
Loddenke	3.10	22:05	7:07	10	8:09	76	9:52	22.90	3:09:50	8:17	10	59:57	26	25:48	
Ilseburg/Markt	3.30	25:38	7:46	10	10:43	76	12:23	26.20	3:35:28	8:13	10	1:10:40	73	1:29:43	