



7.Via Solutions Wartburg Staffellauf 2014

Auf dem Pumppälzweg zur Wartburg und zurück / 13.09.2014

□□□□

NW De-Re-Schn-Ki-We

□□□: 9:16:41

□□: 36

□□: 5.82 km/h

□□□□: 10:12 min/km

□□: 54.60 km

□□□□□/□□□: 5 (of 5)

VIA SOLUTION Wartburg-Staffel-NW (5x11 km) □□□□□/□: 4 (of 4)

□□□□□□: 7:39:12

□□□□:

□□□□□: 4(of 4)

Frauenstaffel Nordic Walking

□□□□□□□: 7:39:12

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Gumpelstadt Hin	10.80	1:45:15	9:44	3	11:46	3	11:46	10.80	1:45:15	9:44	3	11:46	3	11:46
Gumpelstadt Rüc	11.40	1:56:30	10:13	4	36:12	4	36:12	22.20	3:41:45	9:59	3	47:58	3	47:58
Hubertushaus	10.80	1:50:21	10:13	3	26:06	3	26:06	33.00	5:32:06	10:03	3	1:14:04	3	1:14:04
Wartburg	10.80	1:54:49	10:37	3	16:27	3	16:27	43.80	7:26:55	10:12	3	1:27:45	3	1:27:45
Hubertushaus	10.80	1:49:46	10:09	3	9:44	3	9:44	54.60	9:16:41	10:11	4	1:37:29	4	1:37:29