



1. Sparkassen-MammutWalk Ahlen
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

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Bastert, Frank

□□□: 2:30:05

□□: LSF-Unna-2000

□□: 8.80 km/h

□□: 22075

□□□□□□: 107

□□: 22.00 km

□□□□: 23.61

MammutWalk Nordic Walking

□□□□: 208 □