



# 1. Sparkassen-MammutWalk Ahlen

Ahlen (Westf.), Zeche Westfalen / 28.09.2014

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**Nentwig, Petra**

□□□: 2:47:20

□□: TV Beckum Wersewalker

□□: 7.89 km/h

□□: 6080

□□□□□□: 107

□□: 22.00 km

□□□□: 23.61

MammutWalk Nordic Walking

□□□□: 186 □