



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

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Schmitz, Monika

□□□: 2:53:31

□□: LSF-Unna-2000

□□: 7.61 km/h

□□: 22078

□□: 22.00 km

□□□□□□: 107

□□□□: 23.61

MammutWalk Nordic Walking

□□□□: 180 □