



1. Sparkassen-MammutWalk Ahlen  
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

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van Bergerem, Carolin

□□□: 45:08

□□: Nordic Walking Hobbygruppe Ahlen

□□: 7.98 km/h

□□: 6073

□□: 6.00 km

□□□□□□: 77

□□□□: 7.16

WerseWalk Nordic Walking

□□□□: 57 □