



1. Sparkassen-MammutWalk Ahlen
Ahlen (Westf.), Zeche Westfalen / 28.09.2014

□□□□

Heitmann, Werner

□□□: 1:04:44

□□: SV Hebern

□□: 5.56 km/h

□□: 6094

□□: 6.00 km

□□□□□□: 77

□□□□: 7.16

WerseWalk Nordic Walking

□□□□: 40 □