



# 8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

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Stein, Frank

□□: Karower Dachse

□□: 609

□□: 43.00 km

Cross-Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 3:54:28

□□: 11.00 km/h

□□□□: 5:27 min/km

□□□□□/□□□: 28 (of 117)

□□□□□/□: 20 (of 82)

□□□□□□: 2:54:26

□□□□□: 7(of 23)

□□□□□□□: 3:11:26

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	11.60	1:03:52	5:30	10	13:15	40	19:28	11.60	1:03:52	5:30	18	-	44	4:19
□□ 2	9.90	56:27	5:42	10	10:38	35	14:31	21.50	2:00:19	5:35	18	-	44	2:00
□□ 3	11.10	1:02:42	5:38	5	10:53	19	16:20	32.60	3:03:01	5:36	18	-	44	
□□□ Ziel Inselhall	10.40	51:27	4:56	3	8:16	8	9:43	43.00	3:54:28	5:27	7	43:02	20	1:00:02