



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

□□□□

Gerstmann, Silke

□□: Teufel - Team
 □□: 603

□□: 43.00 km
 Cross-Marathon

□□□□:
 Seniorinnen W50 (50-54 Jahre)

□□□: 4:29:23

□□: 9.58 km/h
 □□□□: 6:16 min/km

□□□□□/□□□: 71 (of 117)

□□□□□/□: 17 (of 35)

□□□□□□: 3:34:11

□□□□□: 3(of 5)

□□□□□□□: 4:16:09

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	11.60	1:05:30	5:38	2	1:12	11	10:53	11.60	1:05:30	5:38	3	1:12	35	
□□ 2	9.90	1:04:50	6:32	3	3:50	20	12:56	21.50	2:10:20	6:03	3	5:02	35	
□□ 3	11.10	1:12:01	6:29	2	1:56	14	14:20	32.60	3:22:21	6:12	3	6:58	35	
□□□ Ziel Inselhall	10.40	1:07:02	6:26	3	7:15	22	17:59	43.00	4:29:23	6:15	3	13:14	17	55:12