



8. Schlaubetal Marathon

Eisenhüttenstadt / 18.10.2014

□□□□

Walter, Matthias

□□: Otsterholz-Scharmbeck
 □□: 661

□□: 43.00 km
 Cross-Marathon

□□□□:
 Senioren M30 (30-34 Jahre)

□□□: 4:48:40

□□: 8.94 km/h
 □□□□: 6:43 min/km

□□□□□/□□□: 84 (of 117)

□□□□□/□: 62 (of 82)

□□□□□□: 2:54:26

□□□□□: 4(of 5)

□□□□□□□: 3:23:35

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|--------------------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|---------|----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 11.60 | 1:10:05 | 6:02 | 4 | 19:28 | 59 | 25:41 | 11.60 | 1:10:05 | 6:02 | 4 | 19:28 | 2 | 10:32 |
| □□ 2 | 9.90 | 1:03:56 | 6:27 | 4 | 16:55 | 58 | 22:00 | 21.50 | 2:14:01 | 6:14 | 4 | 36:23 | 2 | 15:42 |
| □□ 3 | 11.10 | 1:16:27 | 6:53 | 4 | 19:54 | 58 | 30:05 | 32.60 | 3:30:28 | 6:27 | 4 | 56:17 | 12 | 14:13 |
| □□□ Ziel Inselhall | 10.40 | 1:18:12 | 7:31 | 4 | 28:48 | 70 | 36:28 | 43.00 | 4:48:40 | 6:42 | 4 | 1:25:05 | 62 | 1:54:14 |