



King of Cross - Crosslauf Erfurt 2014

Erfurt / 26.10.2014

0000

Matthes, Kristin

000: 2:16:17

00: Kaulsdorf

00: 6.60 km/h

00: 1053

0000: 09:05 min/km

00: 15.00 km

00000/000: 51 (of 54)

Mitteldistanz

00000/0: 7 (of 9)

000000: 1:28:47

0000:

00000: 6(of 8)

Frauen (20-29 Jahre)

0000000: 1:28:47

0000

0000

000

| 000 | 00 km | 00 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 km | 000 00 min/km | 00 - | 00 - | 00 0 | 00 0 | | |
|-------------------|-------|--------------|------|------|------|------|--------|---------------|---------|------|------|-------|---|-------|
| Schwedenschanz | - | 10:37 | - | 6 | 3:14 | 7 | 3:14 | - | 10:37 | - | 6 | 2:58 | 7 | 2:58 |
| Schwedenschanz | - | 1:49 | - | 6 | 0:41 | 7 | 0:41 | - | 12:26 | - | 6 | 3:39 | 7 | 3:39 |
| Schlammkuß Ein | - | 15:02 | - | 7 | 5:07 | 8 | 5:07 | - | 27:28 | - | 6 | 8:41 | 7 | 8:41 |
| Schlammkuß Aus | - | 0:28 | - | 8 | 0:22 | 9 | 0:22 | - | 27:56 | - | 6 | 8:59 | 7 | 8:59 |
| Reifenstapel Eins | - | 7:09 | - | 6 | 2:31 | 7 | 2:31 | - | 35:05 | - | 6 | 11:24 | 7 | 11:24 |
| Reifenstapel Aus | - | 0:12 | - | 2 | 0:01 | 2 | 0:01 | - | 35:17 | - | 6 | 11:24 | 7 | 11:24 |
| Bahngleise Einsti | - | 16:23 | - | 7 | 5:48 | 8 | 5:48 | - | 51:40 | - | 6 | 16:59 | 7 | 16:59 |
| Bahngleise Ausst | - | 2:08 | - | 6 | 0:51 | 7 | 0:51 | - | 53:48 | - | 6 | 17:49 | 7 | 17:49 |
| Wassergraben Ei | - | 3:24 | - | 7 | 1:09 | 8 | 1:09 | - | 57:12 | - | 6 | 18:58 | 7 | 18:58 |
| Wassergraben Ai | - | 0:51 | - | 6 | 0:26 | 7 | 0:26 | - | 58:03 | - | 6 | 19:23 | 7 | 19:23 |
| Zwischenzeit Rur | - | 7:58 | - | 5 | 2:41 | 6 | 2:41 | - | 1:06:01 | - | 6 | 22:04 | 7 | 22:04 |
| Schwedenschanz | - | 13:01 | - | 7 | 4:51 | 8 | 4:51 | - | 1:19:02 | - | 6 | 26:55 | 7 | 26:55 |
| Schwedenschanz | - | 1:51 | - | 6 | 0:43 | 7 | 0:43 | - | 1:20:53 | - | 6 | 27:38 | 7 | 27:38 |
| Schlammkuß Ein | - | 15:50 | - | 6 | 5:39 | 7 | 5:39 | - | 1:36:43 | - | 6 | 33:17 | 7 | 33:17 |
| Schlammkuß Aus | - | 0:30 | - | 8 | 0:24 | 9 | 0:24 | - | 1:37:13 | - | 6 | 33:39 | 7 | 33:39 |
| Reifenstapel Eins | - | 8:03 | - | 7 | 3:06 | 8 | 3:06 | - | 1:45:16 | - | 6 | 36:45 | 7 | 36:45 |
| Reifenstapel Aus | - | 0:17 | - | 7 | 0:08 | 8 | 0:08 | - | 1:45:33 | - | 6 | 36:52 | 7 | 36:52 |
| Bahngleise Einsti | - | 16:58 | - | 7 | 6:10 | 8 | 6:10 | - | 2:02:31 | - | 6 | 43:02 | 7 | 43:02 |
| Bahngleise Ausst | - | 2:12 | - | 6 | 0:50 | 7 | 0:50 | - | 2:04:43 | - | 6 | 43:51 | 7 | 43:51 |
| Wassergraben Ei | - | 3:37 | - | 6 | 1:11 | 7 | 1:11 | - | 2:08:20 | - | 6 | 45:02 | 7 | 45:02 |
| Wassergraben Ai | - | 0:54 | - | 6 | 0:25 | 7 | 0:26 | - | 2:09:14 | - | 6 | 45:26 | 7 | 45:26 |
| Blumenstraße | 15.00 | 7:03 | - | 6 | 2:04 | 7 | 2:04 | 15.00 | 2:16:17 | 9:05 | 6 | 47:30 | 7 | 47:30 |