



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

0000

Hanke, Johannes

000: 2:46:54

00: 143

00: 7.55 km/h

0000: 7:49 min/km

00: 21.34 km

00000/000: 176 (of 201)

Halbmarathon

00000/0: 147 (of 167)

000000: 1:32:52

0000:

00000: 19(of 21)

Senioren M45 (45-49 Jahre)

0000000: 1:54:56

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	24:26	7:02	17	6:55	135	10:06	3.47	24:26	7:02	3	5:04	143	1:33
Runde	3.47	26:08	7:31	17	7:53	147	11:19	6.94	50:34	7:17	3	8:11	142	20:56
Runde	3.47	26:59	7:46	17	8:01	144	13:19	10.41	1:17:33	7:26	3	11:14	142	32:22
Runde	3.47	28:42	8:16	20	9:46	152	12:55	13.88	1:46:15	7:39	3	15:49	140	45:17
Runde	3.47	30:14	8:42	20	11:00	153	14:13	17.35	2:16:29	7:51	3	20:20	139	59:30
Runde	3.97	30:25	7:39	18	10:23	146	29:49	21.34	2:46:54	7:49	20	1:59:27	148	1:59:27