



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Achilles, Willfried

□□□: 3:29:23

□□: K.A.T.Zentrum Birkenstein

□□: 6.02 km/h

□□: 2

□□□□: 9:49 min/km

□□: 21.34 km

□□□□□/□□□: 196 (of 201)

Halbmarathon

□□□□□/□: 162 (of 167)

□□□□□□: 1:32:52

□□□□:

□□□□□: 2(of 2)

Senioren M70 (70-74 Jahre)

□□□□□□□: 3:08:52

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Runde | 3.47 | 29:05 | 8:22 | 2 | 3:05 | 164 | 14:45 | 3.47 | 29:05 | 8:22 | 2 | 3:05 | 164 | 6:12 |
| Runde | 3.47 | 30:04 | 8:39 | 2 | 3:59 | 163 | 15:15 | 6.94 | 59:09 | 8:31 | 2 | 7:04 | 163 | 29:31 |
| Runde | 3.47 | 31:30 | 9:04 | 2 | 1:38 | 164 | 17:50 | 10.41 | 1:30:39 | 8:42 | 2 | 8:42 | 163 | 45:28 |
| Runde | 3.47 | 33:46 | 9:43 | 2 | 0:46 | 162 | 17:59 | 13.88 | 2:04:25 | 8:57 | 2 | 9:28 | 161 | 1:03:27 |
| Runde | 3.47 | 36:44 | 10:35 | 2 | 2:59 | 162 | 20:43 | 17.35 | 2:41:09 | 9:17 | 2 | 12:27 | 160 | 1:24:10 |
| Runde | 3.97 | 48:14 | 12:08 | 2 | 8:04 | 163 | 47:38 | 21.34 | 3:29:23 | 9:48 | 2 | 20:31 | 163 | 2:41:56 |