



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

0000

Bösel, Birger

000: 3:34:31

00: Laufgruppe Schwerin

00: 11.75 km/h

00: 57

0000: 5:05 min/km

00: 42.18 km

00000/000: 11 (of 272)

Marathon

00000/0: 11 (of 245)

000000: 3:07:01

0000:

00000: 3(of 26)

Senioren M35 (35-39 Jahre)

0000000: 3:14:14

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	15:46	4:32	4	2:00	14	2:00	3.47	15:46	4:32	25	-	14	
Runde	3.47	16:07	4:38	4	1:26	11	1:26	6.94	31:53	4:35	25	-	14	
Runde	3.47	16:33	4:46	4	0:50	13	1:36	10.41	48:26	4:39	25	-	14	
Runde	3.47	16:27	4:44	2	0:48	9	0:50	13.88	1:04:53	4:40	25	-	13	
Runde	3.47	16:53	4:51	3	0:53	11	1:18	17.35	1:21:46	4:42	25	-	12	
Runde	3.47	17:15	4:58	2	1:15	10	1:47	20.82	1:39:01	4:45	25	-	12	
Runde	3.47	17:48	5:07	2	1:03	10	2:15	24.29	1:56:49	4:48	25	-	12	
Runde	3.47	18:40	5:22	3	2:06	16	2:32	27.76	2:15:29	4:52	25	-	12	
Runde	3.47	19:13	5:32	3	1:54	14	3:11	31.23	2:34:42	4:57	25	-	11	15:52
Runde	3.47	20:08	5:48	3	3:06	20	4:02	34.70	2:54:50	5:02	25	-	11	19:54
Runde	3.47	20:11	5:48	3	3:13	16	4:19	38.17	3:15:01	5:06	25	-	11	24:13
Runde	3.97	19:30	4:54	2	3:31	19	19:13	42.18	3:34:31	5:05	3	20:17	12	2:05:18