



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Bamberger, Stefan

□□□: 3:43:04

□□: TSG 08 Roth

□□: 11.30 km/h

□□: 18

□□□□: 5:17 min/km

□□: 42.18 km

□□□□□/□□□: 19 (of 272)

Marathon

□□□□□/□: 18 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 6(of 18)

Senioren M30 (30-34 Jahre)

□□□□□□□: 3:19:56

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Runde	3.47	16:59	4:53	5	1:42	34	3:13	3.47	16:59	4:53	13	0:11	23	
Runde	3.47	16:52	4:51	5	1:36	26	2:11	6.94	33:51	4:52	13		12	
Runde	3.47	17:46	5:07	6	1:53	31	2:49	10.41	51:37	4:57	13		23	
Runde	3.47	18:13	5:14	6	2:10	33	2:36	13.88	1:09:50	5:01	13		22	
Runde	3.47	18:55	5:27	6	2:51	38	3:20	17.35	1:28:45	5:06	13		21	
Runde	3.47	18:24	5:18	6	2:23	25	2:56	20.82	1:47:09	5:08	13		21	
Runde	3.47	17:59	5:10	4	1:53	12	2:26	24.29	2:05:08	5:09	13		21	
Runde	3.47	19:21	5:34	6	3:04	20	3:13	27.76	2:24:29	5:12	13		21	
Runde	3.47	19:20	5:34	6	2:51	16	3:18	31.23	2:43:49	5:14	13		20	24:59
Runde	3.47	19:16	5:33	4	1:54	10	3:10	34.70	3:03:05	5:16	13		18	28:09
Runde	3.47	20:27	5:53	6	1:44	18	4:35	38.17	3:23:32	5:19	13		18	32:44
Runde	3.97	19:32	4:55	6	1:54	22	19:15	42.18	3:43:04	5:17	6	23:08	21	2:13:51