



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Mier, Richard

00: Ibiza

00: 307

00: 42.18 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 4:00:29

00: 10.48 km/h

0000: 5:42 min/km

00000/000: 40 (of 272)

00000/0: 39 (of 245)

000000: 3:07:01

00000: 6(of 63)

0000000: 3:35:43

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	16:33	4:46	4	0:43	27	2:47	3.47	16:33	4:46	38	-	45	
Runde	3.47	16:54	4:52	4	0:27	28	2:13	6.94	33:27	4:49	38	-	45	
Runde	3.47	18:17	5:16	6	1:20	38	3:20	10.41	51:44	4:58	38	-	45	
Runde	3.47	18:58	5:27	8	1:57	49	3:21	13.88	1:10:42	5:05	38	-	44	
Runde	3.47	19:19	5:34	7	2:04	46	3:44	17.35	1:30:01	5:11	38	-	43	
Runde	3.47	19:30	5:37	7	1:41	43	4:02	20.82	1:49:31	5:15	38	-	43	
Runde	3.47	20:05	5:47	7	1:54	39	4:32	24.29	2:09:36	5:20	38	-	43	
Runde	3.47	20:49	5:59	5	2:22	40	4:41	27.76	2:30:25	5:25	38	-	43	
Runde	3.47	22:25	6:27	9	3:50	51	6:23	31.23	2:52:50	5:32	38	-	42	34:00
Runde	3.47	23:12	6:41	8	3:43	54	7:06	34.70	3:16:02	5:38	38	-	39	41:06
Runde	3.47	23:24	6:44	7	3:57	57	7:32	38.17	3:39:26	5:44	38	-	39	48:38
Runde	3.97	21:03	5:18	4	3:04	33	20:46	42.18	4:00:29	5:42	6	24:46	42	2:31:16