



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Gentz, Armin

□□□: 4:07:39

□□: Gransee

□□: 10.22 km/h

□□: 110

□□□□: 5:52 min/km

□□: 42.18 km

□□□□□/□□□: 53 (of 272)

Marathon

□□□□□/□: 51 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 9(of 63)

Senioren M40 (40-44 Jahre)

□□□□□□□: 3:35:43

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	19:39	5:39	26	3:49	101	5:53	3.47	19:39	5:39	41			58	
Runde	3.47	20:19	5:51	30	3:52	114	5:38	6.94	39:58	5:45	41			58	
Runde	3.47	20:10	5:48	21	3:13	89	5:13	10.41	1:00:08	5:46	41			58	
Runde	3.47	20:00	5:45	15	2:59	73	4:23	13.88	1:20:08	5:46	41			57	
Runde	3.47	20:23	5:52	16	3:08	72	4:48	17.35	1:40:31	5:47	41			56	4:15
Runde	3.47	20:21	5:51	11	2:32	61	4:53	20.82	2:00:52	5:48	41			56	3:12
Runde	3.47	20:21	5:51	10	2:10	47	4:48	24.29	2:21:13	5:48	41			56	0:58
Runde	3.47	19:54	5:44	3	1:27	27	3:46	27.76	2:41:07	5:48	41			56	
Runde	3.47	20:06	5:47	3	1:31	23	4:04	31.23	3:01:13	5:48	41			55	42:23
Runde	3.47	20:52	6:00	4	1:23	25	4:46	34.70	3:22:05	5:49	41			51	47:09
Runde	3.47	22:31	6:29	5	3:04	41	6:39	38.17	3:44:36	5:53	41			51	53:48
Runde	3.97	23:03	5:48	9	5:04	59	22:46	42.18	4:07:39	5:52	9	31:56		54	2:38:26