



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Güldner, Norman

□□□: 4:14:14

□□: SV Grün Weiß Wittenberg

□□: 9.91 km/h

□□: 134

□□□□: 6:02 min/km

□□: 42.18 km

□□□□□/□□□: 59 (of 272)

Marathon

□□□□□/□: 57 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 13(of 26)

Senioren M35 (35-39 Jahre)

□□□□□□□: 3:14:14

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Runde	3.47	18:34	5:21	12	4:48	69	4:48	3.47	18:34	5:21	15	0:39	65	
Runde	3.47	18:46	5:24	14	4:05	66	4:05	6.94	37:20	5:22	15	1:10	65	
Runde	3.47	17:49	5:08	9	2:06	33	2:52	10.41	55:09	5:17	15	0:22	65	
Runde	3.47	18:27	5:19	10	2:48	37	2:50	13.88	1:13:36	5:18	15		64	
Runde	3.47	20:13	5:49	14	4:13	67	4:38	17.35	1:33:49	5:24	15	0:39	63	
Runde	3.47	20:11	5:48	13	4:11	57	4:43	20.82	1:54:00	5:28	15	1:36	63	
Runde	3.47	21:13	6:06	12	4:28	62	5:40	24.29	2:15:13	5:34	15	1:05	63	
Runde	3.47	21:47	6:16	12	5:13	56	5:39	27.76	2:37:00	5:39	15	0:09	63	
Runde	3.47	22:51	6:35	14	5:32	64	6:49	31.23	2:59:51	5:45	15		62	41:01
Runde	3.47	23:31	6:46	14	6:29	60	7:25	34.70	3:23:22	5:51	15		57	48:26
Runde	3.47	24:37	7:05	16	7:39	70	8:45	38.17	3:47:59	5:58	15		57	57:11
Runde	3.97	26:15	6:36	20	10:16	118	25:58	42.18	4:14:14	6:01	13	1:00:00	60	2:45:01