



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

□□□□

Avan, Mehmet

□□: djc Hattersheim

□□: 14

□□: 42.18 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 4:22:37

□□: 9.60 km/h

□□□□: 6:14 min/km

□□□□□/□□□: 75 (of 272)

□□□□□/□: 69 (of 245)

□□□□□□: 3:07:01

□□□□□: 4(of 40)

□□□□□□□: 3:22:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	18:26	5:18	8	3:49	65	4:40	3.47	18:26	5:18	25	-	77	
Runde	3.47	19:37	5:39	7	4:29	91	4:56	6.94	38:03	5:28	25	-	77	
Runde	3.47	19:17	5:33	4	3:32	65	4:20	10.41	57:20	5:30	25	-	77	
Runde	3.47	19:47	5:42	4	3:34	65	4:10	13.88	1:17:07	5:33	24	-	76	
Runde	3.47	20:45	5:58	5	4:13	79	5:10	17.35	1:37:52	5:38	24	-	75	1:36
Runde	3.47	20:46	5:59	4	3:38	67	5:18	20.82	1:58:38	5:41	24	-	75	0:58
Runde	3.47	21:35	6:13	4	4:07	66	6:02	24.29	2:20:13	5:46	24	-	75	
Runde	3.47	22:43	6:32	6	5:17	74	6:35	27.76	2:42:56	5:52	24	-	75	
Runde	3.47	23:44	6:50	9	5:50	79	7:42	31.23	3:06:40	5:58	24	-	74	47:50
Runde	3.47	24:44	7:07	8	6:17	86	8:38	34.70	3:31:24	6:05	24	-	69	56:28
Runde	3.47	25:18	7:17	10	6:55	87	9:26	38.17	3:56:42	6:12	24	-	69	1:05:54
Runde	3.97	25:55	6:31	18	25:26	111	25:38	42.18	4:22:37	6:13	5	2:53:24	72	2:53:24