



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Cimander, Robert

□□□: 4:27:10

□□: 61

□□: 9.43 km/h

□□□□: 6:20 min/km

□□: 42.18 km

□□□□□/□□□: 86 (of 272)

Marathon

□□□□□/□: 79 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 20(of 51)

Senioren M45 (45-49 Jahre)

□□□□□□□: 3:34:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	18:17	5:16	12	3:45	63	4:31	3.47	18:17	5:16	47	-	86	
Runde	3.47	19:01	5:28	18	3:59	71	4:20	6.94	37:18	5:22	47	-	86	
Runde	3.47	19:35	5:38	20	4:06	75	4:38	10.41	56:53	5:27	47	-	86	
Runde	3.47	19:49	5:42	17	3:51	68	4:12	13.88	1:16:42	5:31	47	-	85	
Runde	3.47	20:22	5:52	19	3:40	71	4:47	17.35	1:37:04	5:35	47	-	84	0:48
Runde	3.47	20:55	6:01	20	3:46	73	5:27	20.82	1:57:59	5:40	47	-	84	0:19
Runde	3.47	21:16	6:07	19	3:17	63	5:43	24.29	2:19:15	5:43	47	-	84	
Runde	3.47	22:38	6:31	17	4:12	70	6:30	27.76	2:41:53	5:49	47	-	84	
Runde	3.47	24:05	6:56	21	4:54	90	8:03	31.23	3:05:58	5:57	47	-	83	47:08
Runde	3.47	26:58	7:46	30	7:32	136	10:52	34.70	3:32:56	6:08	45	-	78	58:00
Runde	3.47	26:17	7:34	23	6:51	109	10:25	38.17	3:59:13	6:16	45	-	78	1:08:25
Runde	3.97	27:57	7:02	36	9:58	148	27:40	42.18	4:27:10	6:20	21	52:16	82	2:57:57