



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Bruns, Wolfgang

□□□: 4:30:34

□□: Goslar

□□: 9.31 km/h

□□: 49

□□□□: 6:25 min/km

□□: 42.18 km

□□□□□/□□□: 98 (of 272)

Marathon

□□□□□/□: 91 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 10(of 40)

Senioren M50 (50-54 Jahre)

□□□□□□□: 3:22:57

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□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	20:51	6:00	16	6:14	129	7:05	3.47	20:51	6:00	21			99	
Runde	3.47	21:01	6:03	19	5:53	133	6:20	6.94	41:52	6:01	21			99	
Runde	3.47	21:43	6:15	20	5:58	137	6:46	10.41	1:03:35	6:06	21			99	
Runde	3.47	22:06	6:22	22	5:53	139	6:29	13.88	1:25:41	6:10	30			98	
Runde	3.47	21:49	6:17	18	5:17	122	6:14	17.35	1:47:30	6:11	30			97	11:14
Runde	3.47	23:15	6:42	20	6:07	136	7:47	20.82	2:10:45	6:16	30			97	13:05
Runde	3.47	23:01	6:37	18	5:33	110	7:28	24.29	2:33:46	6:19	30			97	13:31
Runde	3.47	23:06	6:39	11	5:40	87	6:58	27.76	2:56:52	6:22	30			97	12:12
Runde	3.47	23:41	6:49	8	5:47	77	7:39	31.23	3:20:33	6:25	30			96	1:01:43
Runde	3.47	24:15	6:59	7	5:48	80	8:09	34.70	3:44:48	6:28	30			91	1:09:52
Runde	3.47	23:16	6:42	5	4:53	54	7:24	38.17	4:08:04	6:29	30			91	1:17:16
Runde	3.97	22:30	5:40	7	22:01	52	22:13	42.18	4:30:34	6:24	11	3:01:21		94	3:01:21