



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Staal, Finn

□□: Bluegarden Sport

□□: 441

□□: 42.18 km

Marathon

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 4:30:54

□□: 9.30 km/h

□□□□: 6:25 min/km

□□□□□/□□□: 99 (of 272)

□□□□□/□: 92 (of 245)

□□□□□□: 3:07:01

□□□□□: 11(of 40)

□□□□□□□: 3:22:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	19:15	5:32	10	4:38	86	5:29	3.47	19:15	5:32	32			100	
Runde	3.47	19:51	5:43	11	4:43	98	5:10	6.94	39:06	5:38	30			96	
Runde	3.47	20:27	5:53	11	4:42	104	5:30	10.41	59:33	5:43	32			100	
Runde	3.47	20:52	6:00	10	4:39	101	5:15	13.88	1:20:25	5:47	21			99	
Runde	3.47	21:19	6:08	11	4:47	100	5:44	17.35	1:41:44	5:51	21			98	5:28
Runde	3.47	22:00	6:20	13	4:52	105	6:32	20.82	2:03:44	5:56	21			98	6:04
Runde	3.47	22:26	6:27	10	4:58	88	6:53	24.29	2:26:10	6:01	21			98	5:55
Runde	3.47	23:01	6:37	10	5:35	84	6:53	27.76	2:49:11	6:05	21			98	4:31
Runde	3.47	24:20	7:00	11	6:26	95	8:18	31.23	3:13:31	6:11	21			97	54:41
Runde	3.47	25:38	7:23	16	7:11	111	9:32	34.70	3:39:09	6:18	21			92	1:04:13
Runde	3.47	26:01	7:29	12	7:38	104	10:09	38.17	4:05:10	6:25	21			92	1:14:22
Runde	3.97	25:44	6:28	17	25:15	109	25:27	42.18	4:30:54	6:25	12	3:01:41	95	3:01:41	