



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Stier, Reinhard

□□: BELC 89 Frankfurt
 □□: 450

□□: 42.18 km
 Marathon

□□□□:
 Senioren M50 (50-54 Jahre)

□□□: 4:32:21

□□: 9.25 km/h
 □□□□: 6:28 min/km

□□□□□/□□□: 105 (of 272)

□□□□□/□: 97 (of 245)

□□□□□□: 3:07:01

□□□□□: 15(of 40)

□□□□□□□: 3:22:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	17:29	5:02	3	2:52	46	3:43	3.47	17:29	5:02	36	-	36	
Runde	3.47	19:19	5:34	6	4:11	79	4:38	6.94	36:48	5:18	36	-	105	
Runde	3.47	20:22	5:52	9	4:37	95	5:25	10.41	57:10	5:29	36	-	105	
Runde	3.47	21:29	6:11	16	5:16	120	5:52	13.88	1:18:39	5:39	35	-	104	
Runde	3.47	21:30	6:11	15	4:58	109	5:55	17.35	1:40:09	5:46	35	-	103	3:53
Runde	3.47	21:23	6:09	7	4:15	82	5:55	20.82	2:01:32	5:50	35	-	103	3:52
Runde	3.47	22:29	6:28	11	5:01	89	6:56	24.29	2:24:01	5:55	35	-	103	3:46
Runde	3.47	24:35	7:05	19	7:09	125	8:27	27.76	2:48:36	6:04	35	-	103	3:56
Runde	3.47	25:30	7:20	18	7:36	120	9:28	31.23	3:14:06	6:12	35	-	102	55:16
Runde	3.47	26:30	7:38	19	8:03	128	10:24	34.70	3:40:36	6:21	35	-	97	1:05:40
Runde	3.47	27:24	7:53	20	9:01	131	11:32	38.17	4:08:00	6:29	35	-	97	1:17:12
Runde	3.97	24:21	6:08	12	23:52	78	24:04	42.18	4:32:21	6:27	16	3:03:08	100	3:03:08