



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Gierer, Philip

□□: TC FIKO Rostock
 □□: 117

□□: 42.18 km
 Marathon

□□□□:
 Senioren M40 (40-44 Jahre)

□□□: 4:32:45

□□: 9.24 km/h
 □□□□: 6:28 min/km

□□□□□/□□□: 106 (of 272)

□□□□□/□: 98 (of 245)

□□□□□□: 3:07:01

□□□□□: 23(of 63)

□□□□□□□: 3:35:43

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	18:57	5:27	21	3:07	77	5:11	3.47	18:57	5:27	55	-	106	
Runde	3.47	20:12	5:49	29	3:45	110	5:31	6.94	39:09	5:38	55	-	106	
Runde	3.47	20:22	5:52	25	3:25	95	5:25	10.41	59:31	5:43	55	-	106	
Runde	3.47	21:26	6:10	30	4:25	119	5:49	13.88	1:20:57	5:49	43	-	66	
Runde	3.47	20:13	5:49	14	2:58	67	4:38	17.35	1:41:10	5:49	55	-	104	4:54
Runde	3.47	20:46	5:59	13	2:57	67	5:18	20.82	2:01:56	5:51	55	-	104	4:16
Runde	3.47	21:41	6:14	16	3:30	68	6:08	24.29	2:23:37	5:54	55	-	104	3:22
Runde	3.47	22:38	6:31	16	4:11	70	6:30	27.76	2:46:15	5:59	55	-	104	1:35
Runde	3.47	24:18	7:00	22	5:43	94	8:16	31.23	3:10:33	6:06	55	-	103	51:43
Runde	3.47	24:41	7:06	20	5:12	84	8:35	34.70	3:35:14	6:12	55	-	98	1:00:18
Runde	3.47	26:58	7:46	28	7:31	122	11:06	38.17	4:02:12	6:20	55	-	98	1:11:24
Runde	3.97	30:33	7:41	47	12:34	191	30:16	42.18	4:32:45	6:27	23	57:02	101	3:03:32