



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Buchmaier, Dietmar

□□□: 4:35:26

□□: Sparkasse KölnBonn Sportverein

□□: 9.15 km/h

□□: 53

□□□□: 6:32 min/km

□□: 42.18 km

□□□□□/□□□□: 112 (of 272)

Marathon

□□□□□/□: 104 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 4(of 19)

Senioren M55 (55-59 Jahre)

□□□□□□□: 3:20:35

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	22:48	6:34	11	7:20	181	9:02	3.47	22:48	6:34	15	1:14	112	0:22	
Runde	3.47	22:24	6:27	7	6:36	170	7:43	6.94	45:12	6:30	15	1:13	112		
Runde	3.47	22:29	6:28	7	6:24	157	7:32	10.41	1:07:41	6:30	15	1:11	112		
Runde	3.47	22:16	6:25	5	5:52	146	6:39	13.88	1:29:57	6:28	15		111		
Runde	3.47	22:32	6:29	6	5:46	143	6:57	17.35	1:52:29	6:28	15		110	16:13	
Runde	3.47	22:34	6:30	4	5:31	121	7:06	20.82	2:15:03	6:29	15		110	17:23	
Runde	3.47	23:00	6:37	4	6:24	109	7:27	24.29	2:38:03	6:30	15		110	17:48	
Runde	3.47	23:25	6:44	4	6:21	98	7:17	27.76	3:01:28	6:32	15		110	16:48	
Runde	3.47	23:14	6:41	3	5:36	69	7:12	31.23	3:24:42	6:33	15		109	1:05:52	
Runde	3.47	22:59	6:37	3	5:32	50	6:53	34.70	3:47:41	6:33	15		104	1:12:45	
Runde	3.47	23:51	6:52	4	6:46	65	7:59	38.17	4:11:32	6:35	15		104	1:20:44	
Runde	3.97	23:54	6:01	6	23:37	68	23:37	42.18	4:35:26	6:31	4	1:14:51	107	3:06:13	