



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Siegel, Alexander

00: Dresdner Durchläufer
00: 433

00: 42.18 km
Marathon

0000:
Senioren M55 (55-59 Jahre)

000: 4:37:15

00: 9.09 km/h
0000: 6:34 min/km

00000/0000: 116 (of 272)

00000/0: 108 (of 245)

000000: 3:07:01

00000: 5(of 19)

0000000: 3:20:35

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	3.47	18:04	5:12	3	2:36	58	4:18	3.47	18:04	5:12	14	-	115	
Runde	3.47	19:08	5:30	3	3:20	73	4:27	6.94	37:12	5:21	14	-	115	
Runde	3.47	19:40	5:40	3	3:35	78	4:43	10.41	56:52	5:27	14	-	115	
Runde	3.47	19:59	5:45	3	3:35	72	4:22	13.88	1:16:51	5:32	14	-	114	
Runde	3.47	20:28	5:53	2	3:42	73	4:53	17.35	1:37:19	5:36	14	-	113	1:03
Runde	3.47	23:17	6:42	6	6:14	138	7:49	20.82	2:00:36	5:47	14	-	113	2:56
Runde	3.47	24:01	6:55	5	7:25	133	8:28	24.29	2:24:37	5:57	14	-	113	4:22
Runde	3.47	25:39	7:23	6	8:35	147	9:31	27.76	2:50:16	6:08	14	-	113	5:36
Runde	3.47	27:03	7:47	8	9:25	154	11:01	31.23	3:17:19	6:19	14	-	112	58:29
Runde	3.47	26:51	7:44	10	9:24	134	10:45	34.70	3:44:10	6:27	14	-	107	1:09:14
Runde	3.47	27:06	7:48	9	10:01	124	11:14	38.17	4:11:16	6:34	14	-	107	1:20:28
Runde	3.97	25:59	6:32	8	25:42	113	25:42	42.18	4:37:15	6:34	5	1:16:40	111	3:08:02