



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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Meyer, Jörg

□□: VfL Börnsen
 □□: 303

□□: 42.18 km
 Marathon

□□□□:
 Senioren M50 (50-54 Jahre)

□□□: 4:41:48

□□: 8.98 km/h
 □□□□: 6:41 min/km

□□□□□/□□□: 121 (of 272)

□□□□□/□: 112 (of 245)

□□□□□□: 3:07:01

□□□□□: 17(of 40)

□□□□□□□: 3:22:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	3.47	21:47	6:16	25	7:10	156	8:01	3.47	21:47	6:16	38	-	118	
Runde	3.47	21:25	6:10	20	6:17	139	6:44	6.94	43:12	6:13	38	-	118	
Runde	3.47	22:29	6:28	24	6:44	157	7:32	10.41	1:05:41	6:18	38	-	118	
Runde	3.47	22:06	6:22	22	5:53	139	6:29	13.88	1:27:47	6:19	37	-	117	
Runde	3.47	21:50	6:17	19	5:18	123	6:15	17.35	1:49:37	6:19	37	-	116	13:21
Runde	3.47	21:10	6:05	6	4:02	77	5:42	20.82	2:10:47	6:16	37	-	116	13:07
Runde	3.47	21:54	6:18	6	4:26	76	6:21	24.29	2:32:41	6:17	37	-	116	12:26
Runde	3.47	22:58	6:37	9	5:32	79	6:50	27.76	2:55:39	6:19	37	-	111	10:59
Runde	3.47	27:01	7:47	23	9:07	152	10:59	31.23	3:22:40	6:29	37	-	115	1:03:50
Runde	3.47	26:17	7:34	18	7:50	123	10:11	34.70	3:48:57	6:35	37	-	110	1:14:01
Runde	3.47	26:46	7:42	19	8:23	118	10:54	38.17	4:15:43	6:41	37	-	110	1:24:55
Runde	3.97	26:05	6:34	20	25:36	116	25:48	42.18	4:41:48	6:40	18	3:12:35	115	3:12:35