



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

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del Boca-Boers, Thorsten

□□□: 4:44:02

□□: Bielefeld

□□: 8.91 km/h

□□: 65

□□□□: 6:44 min/km

□□: 42.18 km

□□□□□/□□□: 130 (of 272)

Marathon

□□□□□/□: 120 (of 245)

□□□□□□: 3:07:01

□□□□:

□□□□□: 27(of 51)

Senioren M45 (45-49 Jahre)

□□□□□□□: 3:34:54

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Runde	3.47	21:14	6:07	30	6:42	136	7:28	3.47	21:14	6:07	2	-	127	
Runde	3.47	22:16	6:25	37	7:14	166	7:35	6.94	43:30	6:16	2	-	127	
Runde	3.47	22:45	6:33	38	7:16	167	7:48	10.41	1:06:15	6:21	2	-	127	
Runde	3.47	22:39	6:31	37	6:41	160	7:02	13.88	1:28:54	6:24	2	-	126	
Runde	3.47	22:25	6:27	30	5:43	140	6:50	17.35	1:51:19	6:24	2	-	125	15:03
Runde	3.47	23:23	6:44	32	6:14	141	7:55	20.82	2:14:42	6:28	2	-	125	17:02
Runde	3.47	22:54	6:35	25	4:55	107	7:21	24.29	2:37:36	6:29	2	-	125	17:21
Runde	3.47	24:15	6:59	24	5:49	113	8:07	27.76	3:01:51	6:33	2	-	125	17:11
Runde	3.47	24:43	7:07	24	5:32	105	8:41	31.23	3:26:34	6:36	2	-	124	1:07:44
Runde	3.47	26:13	7:33	28	6:47	121	10:07	34.70	3:52:47	6:42	14	-	119	1:17:51
Runde	3.47	25:54	7:27	19	6:28	102	10:02	38.17	4:18:41	6:46	14	-	119	1:27:53
Runde	3.97	25:21	6:23	17	7:22	98	25:04	42.18	4:44:02	6:44	28	1:09:08	123	3:14:49